

AUS DEM LEHRSTUHL FÜR NEUROLOGIE
PROF. DR. MED. ULRICH BOGDAHN
DER FAKULTÄT FÜR MEDIZIN
DER UNIVERSITÄT REGENSBURG

**MESENCHYMAL STEM CELL GRAFTS PROMOTE OLIGODENDROGLIAL
DIFFERENTIATION AFTER SPINAL CORD INJURY**

Inaugural – Dissertation
zur Erlangung
des Doktorgrades der Humanmedizin

der
Fakultät für Medizin
der Universität Regensburg

vorgelegt von
Johannes Bründl

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SUMMARY

Im Rahmen traumatischer Rückenmarkverletzungen kommt es regelmäßig zu schweren und permanenten neurologischen Funktionsstörungen bzw. -ausfällen. Der irreversible Verlust ortsständiger Rückenmarkszellen einschließlich Neuronen, Astrozyten und Oligodendrozyten sowie die damit einhergehenden ausgeprägten strukturellen Veränderungen repräsentieren das morphologische Korrelat für die schweren funktionellen Beeinträchtigungen. Da das Rückenmark die Hauptverbindung zwischen dem peripheren Nervensystem und den Steuerungszentren des Zentralnervensystems (ZNS) darstellt, führen Verletzungen in unterschiedlichem Ausmaß zu sensiblen, motorischen sowie autonomen neurologischen Ausfällen. Auch bei schwersten Schädigungen des Rückenmarks bleibt bei einem Großteil der Patienten ein Teil der aufsteigenden bzw. absteigenden Axone erhalten. Allerdings kommt es häufig zur Demyelinisierung der verbliebenen Axone, so dass diese nicht zu einer möglichen funktionellen Erholung beitragen können. Obwohl spontan oligodendroglialer Zellersatz stattfindet, ist das adulte Rückenmark nicht in der Lage, den im Rahmen einer traumatischen Schädigung aufgetretenen Zelluntergang suffizient auszugleichen. Aus diesem Grund wird intensiv nach adäquaten Zellersatzstrategien gesucht. Stammzellen stellen hierfür einen vielversprechenden Therapieansatz dar.

Kürzlich konnte gezeigt werden, dass mesenchymale Stammzellen (MSC) einen bislang unbekannten Faktor sezernieren, welcher unter Ko-Kulturbedingungen die oligodendrogliale Differenzierung von adulten neuralen Vorläuferzellen aus dem Hippocampus sowie der Subventrikulärzone fördert und gleichzeitig die astrogliale Differenzierung dieser neuralen Vorläuferzellen inhibiert. In der vorliegenden Studie wurde zunächst der Einfluss von konditioniertem Medium der MSC (MSC-CM) auf das Differenzierungsverhalten von adulten neuralen Vorläuferzellen aus verschiedenen anatomischen ZNS-Regionen (Subventrikulärzone, Hippocampus, Rückenmark) unter Zellkulturbedingungen untersucht. Der vorbeschriebene prooligodendrogliale Effekt in Anwesenheit von MSC-CM konnte

erstmals auch in neuralen Vorläuferzellen aus dem Rückenmark sowie der subventrikulären Zone nachgewiesen werden. Im direkten Vergleich der einzelnen ZNS-Regionen bezüglich des Ausmaßes der Oligodendrogligenese ergaben sich keine signifikanten Unterschiede.

Im Anschluss daran wurden die Effekte von MSC-Transplantaten auf die endogene Oligodendrogligenese unmittelbar nach einer akuten traumatischen Rückenmarkverletzung analysiert. Im Vergleich zu Kontrolltieren, welche lediglich eine Rückenmarkläsion ohne Transplantat erhalten haben, steigern MSC-Transplantate das Ausmaß oligodendroglialer Differenzierung im Bereich der Rückenmarkläsion. Die gesteigerte oligodendrogliale Differenzierung ging, wie auch in vitro gezeigt, auf Kosten der astroglialen Differenzierung, die im Vergleich zu Kontrolltieren signifikant reduziert war. Die Ergebnisse der in-vitro Versuche legen die Vermutung nahe, dass diesem prooligodendroglialen Effekt ein von den MSC sezernierter löslicher Faktor als ursächlicher Mechanismus zugrunde liegt. Die exakte Identifizierung dieses Faktors ist im Hinblick auf ein genaueres Verständnis der Interaktionen zwischen MSC und endogenen neuralen Rückenmarkstammzellen von großer Bedeutung. Darüber hinaus müssen weiterführende Studien zeigen, ob die auf diese Weise neu entstandenen Oligodendrozyten in der Lage sind, die von der initialen Verletzung ausgesparten Axone zu remyelinisieren und dadurch zu einer funktionellen Erholung beitragen.

1. INTRODUCTION

1.1. Spinal cord injury

Spinal cord injury (SCI) regularly leads to severe and permanent disability. In most cases it is caused by a trauma resulting in vertebral fracturing with dislocation of bone fragments and consecutive contusion of spinal cord tissue. As the spinal cord represents the exclusive nerve conduction path between higher order brain structures and the peripheral nervous system, these injuries result in severe impairment of motor, sensory and autonomic function below the lesion site. Depending on the level and severity of injury, functional recovery can be achieved¹.

In patients with partial preservation of ascending and descending axon pathways across the lesion (incomplete SCI) limited spontaneous functional recovery is observed². However, in more severe cases sensory, motor and autonomous function below the spinal cord lesion level is completely abolished (complete SCI). Effective regenerative therapies are not yet established. Interestingly, post mortem studies in subjects with functionally complete SCI revealed that despite complete loss of function a rim of still intact axon pathways across the lesion site is regularly observed^{1,3,4}. However, the majority of preserved axons are demyelinated, which prevents proper nerve conduction and functional recovery. Therefore, therapeutic strategies aiming for remyelination of preserved axons might be able to promote partial functional recovery.

1.1.1. Epidemiology

The incidence of traumatic SCI worldwide varies between 12.1 to 57.8 cases per 1 million inhabitants in Western Europe respectively 25.2 to 52.5 in North America⁵. Lower incidence rates have been found in developing countries (12.7 to 29.7 per million inhabitants)⁶. Prevalence rates have shown a wide range from 130 up to 1124 per 1 million⁷. Common causes of traumatic SCI are motor vehicle accidents (42,1%), falls (26,7%; primary cause in

patients older 60 years), violence (15,1%) and sports activities (7,6%)⁸. The most common site of injury is the cervical spinal cord (around 54%), followed by thoracic (24%), lumbar (19%) and sacral (1%) spinal cord lesions⁵. In traumatic SCI studies two age peaks between 15 to 29 years and around 65 and older are observed⁵. The average age of patients suffering a SCI is around 33 years with a clear preference for males (2:1 to 7:1)^{9,10,11}. However, there is a strong trend towards older individuals suffering from SCI within the last decade.

1.1.2. Classification of spinal cord injury

According to the American Spinal Injury Association Impairment Scale (ASIA) spinal cord injuries can be classified into 5 categories (ASIA A – E). ASIA A (45%) represents a functionally complete SCI with total loss of sensory and motor function below the level of injury. Incomplete spinal cord injuries start with ASIA B, being sensory incomplete but motor complete, all the way up to ASIA E. Each step (C, D, E) is characterized by an increasing motor score below the level of injury. Over the last decades injury severity shifted towards incomplete injuries, which account nowadays for almost two thirds of all traumatic spinal cord injuries^{7,12}.

1.1.3. Signs and symptoms of spinal cord injury

The clinical manifestation of SCI depends in particular on the level of injury. Cervical spinal cord lesions result in varying degrees of paresis and sensory impairment in the upper and lower extremities (tetraparesis or tetraplegia), whereas thoracic and lumbar lesions affect the trunk and lower extremities (paraparesis, paraplegia). Lesions at sacral level frequently affect exclusively bowel and bladder function. The interruption of the autonomic nervous system, which can happen at any level almost always causes neurogenic bladder and bowel dysfunction. In particular, cervical and high thoracic lesions are accompanied by cardiovascular dysfunction, so called autonomic dysregulation or autonomic dysreflexia.

In terms of mortality, the level of injury and the age of the patient at the time of injury are the most important factors⁷. The higher the lesion level, the lower the survival rate¹³. Patients with tetraplegia as a result of a cervical SCI are reported to have an almost 7-times higher mortality rate compared to patients with paraplegia. In terms of functional recovery, the level of incompleteness determines the respective prognosis. Less than 10% of SCI patients classified as ASIA A recover gait and standing function, whereas this rate increases dramatically in ASIA B, C and D patients¹⁴.

1.1.4. Current concepts of spinal cord injury treatment

Established treatment of acute traumatic SCI consists of conservative and surgical (spine stabilization, decompression) measures including continuous monitoring on the intensive care unit to prevent cardiovascular, pulmonal and gastrointestinal complications. To compensate for lost function, to regain as much neurological function and to prevent secondary complications, neurorehabilitation in dedicated SCI centers, which provide highly specialized medical and nursing care, physical therapy, occupational therapy, speech therapy, needs to be initiated as soon as possible. In particular, control of bowel/bladder/sexual function, spasticity and neuropathic pain need to be addressed in all patients with SCI. Up to now there is not a single established therapeutic intervention outside neurorehabilitation, which alters the course of the disease in a positive fashion. Therefore, regenerative therapies are urgently needed to promote recovery of function and quality of life in spinal cord injured subjects¹⁵.

1.1.5. Pathomechanisms of spinal cord injury

In general three phases of SCI response can be observed. Acute, secondary and chronic injury processes¹⁶⁻²⁰. The initial force (primary injury mechanism) causes immediate damage to the neural tissue (neurons, glia, long distance axons) and the vasculature of the spinal cord at the lesion level^{16,21}. Subsequently, secondary injury mechanisms such as apoptosis²²⁻²⁴, vascular changes^{21,25-29}, inhibition of intracellular protein synthesis, ionic dearrangements^{30,31}, free radicals³²⁻³⁴ and glutaminergic excitotoxicity³⁵⁻³⁷ come into play. Immune cells become activated or migrate into the lesion to orchestrate an inflammatory reaction. This immune response is considered to have both beneficial (e.g. phagocytosis of axon growth inhibiting myelin debris^{38,39} or limitation of secondary tissue damage by modulation of the T-cell response⁴⁰) as well as negative effects (e.g. release of free radicals, enzymes and proinflammatory cytokines⁴¹⁻⁴⁴) on recovery and functional outcome after SCI. In order to develop new treatment strategies in the future, it will be necessary to gain a deeper understanding of those complex secondary injury mechanisms and their relationship following acute SCI⁷. In the subacute to chronic phase lasting from days to years after the initial trauma the neural tissue in the lesioned spinal cord degenerates and a cystic lesion cavity surrounded by a fibroglial scar develops⁴⁵. Apoptosis of oligodendroglia with consecutive demyelination of spared axons contributes to the failure of the injured spinal cord to recover spontaneously¹.

1.1.5.1. Growth inhibitory components and factors affecting intrinsic regenerative capacity

The cystic lesion defect developing within weeks after SCI represents a major obstacle for structural restoration following SCI. Neural tissue at the SCI lesion site lost due to necrosis and apoptosis is not replaced appropriately leaving a fluid filled cavity behind⁴⁶. Subsequently, the initial cystic defect can further increase by ongoing apoptosis and release of

hydrolytic lysosomal enzymes^{45,47,48}. The cystic lesion defect represents a physical barrier, which cannot be crossed by regrowing axons. Cell-based regenerative strategies try to overcome this barrier by providing a growth conducive environment, which might allow axon regeneration and functional recovery⁴⁹.

Lesion defects within the spinal cord are typically sealed off by a scar. This barrier consists of cellular and extracellular components. On the cellular side, astroglia and fibroblasts represent the main components^{50,51}. Extracellular components such as chondroitin sulfate proteoglycans (e.g. neurocan, phosphocan, vesican, NG2 and aggrecan) support the scar^{4,49,52,53,54}. Besides its negative effects as an axon growth inhibitory factor the glial scar plays an important role in stabilizing injured spinal cord tissue⁵⁵. The scar supports the repair of the blood-brain-barrier, helps to contain the inflammatory response⁵⁶, protects spared neurons and oligodendrocytes by the secretion of growth factors and cytokines^{57,53}. Molecular obstacles of regeneration are myelin-based inhibitors such as Nogo, Myelin-Associated Glycoprotein (MAG), tenascin-R and Oligodendrocyte Myelin glycoprotein (OMgp), which are released by damaged oligodendrocytes at the lesion site^{58,59}.

Numerous molecular changes have been discovered, which contribute to the intrinsic failure of injured central nervous system (CNS) axons to spontaneously regenerate. Neurite growth and regeneration associated genes are not upregulated as they should be⁶⁰⁻⁶³. Neurotrophic factors such as brain derived neurotrophic factor (BDNF), nerve growth factor (NGF) and neurotrophin-3/-4/5 (NT-3/-4/5), which are essential to maintain neuronal phenotypes and sustain synaptic functions during development, can also prevent axotomy induced neuronal atrophy after SCI⁶⁴⁻⁶⁸.

1.1.5.2. Demyelination

Demyelination is observed in the course of the initial trauma and as part of secondary structural changes^{4,69}. During the acute phase of SCI, necrosis more than apoptosis is responsible for cell death (especially within the surrounding grey matter), myelin breakdown and the consecutive loss of function in the vicinity of the primary lesion (primary demyelination). In addition the accumulation of macrophages and microglia within the lesioned area during the acute and subacute injury phase may also have a detrimental effect on the survival of damaged cells at the lesion center⁷⁰. Nevertheless the loss of spinal cord cells and neurological function subsists for weeks to month due to secondary injury mechanisms (secondary demyelination). Especially myelin-forming oligodendrocytes ruled out to be very capable for those secondary degeneration processes^{20,23,71-74}. In a rat spinal cord contusion model, Totoui et al. demonstrated that SCI is accompanied by progressive demyelination⁷⁵. Within days to weeks after SCI axonal degeneration and myelin breakdown can also be found in long white matter tracts remote from the initial lesion^{76,77}. Most likely ongoing apoptosis plays a central role within this process of chronic demyelination after SCI⁷⁸. Especially the long-term apoptotic death of myelin-forming oligodendrocytes in long fiber tracts undergoing Wallerian degeneration significantly contributes to demyelination of spared axonal pathways remote from the lesion epicenter contributing to permanent neurological dysfunction⁷⁹. These findings have been observed both in experimental SCI in small animals such as rats and mice^{23,80-84} and human SCI^{19,74}, suggesting there might be a therapeutic window to protect oligodendroglia and reduce demyelination after SCI in humans.

What is the ideal spinal cord injury model to study demyelination and consecutively remyelination strategies? A recent study demonstrates that contusion SCI substantially differs from transection SCI, resulting in a more widespread initial mechanical trauma, leading to apoptosis of oligodendrocytes at greater distances (several millimeters) rostral and caudal from the lesion epicenter with consecutive demyelination. Apparently the extent of the initial

mechanical injury is highly correlated with the extent of demyelination⁸⁵. As opposed to highly standardized and uniform experimental SCI one has to keep in mind that injury mechanisms vary significantly in human SCI, which most likely results in a wide range of demyelination extent². Post mortem studies of injured spinal cords in humans have shown that in clinically complete spinal cord injured patients a significant number of spared axons is frequently observed (so called anatomically “discomplete”)^{2,3,77,86}. The majority of these spared axons are typically demyelinated, which prohibits proper nerve conduction. Thus, despite axon sparing preserved pathways are unable to mediate functional recovery^{85,87,88}.

1.1.5.3. Remyelination

Remyelination is a spontaneous process that follows demyelination^{69,75,85,89,90}. Reports on remyelination inside the damaged CNS date back to the 1960s^{91,92}. Over the last decades oligodendroglial progenitor cells (OPC) have been identified as the source of CNS remyelination⁹³. In terms of remyelination of spared axons it is essential that OPC differentiate into mature myelin-forming oligodendrocytes following their recruitment and migration from the subependymal layer of the spinal cord central canal towards the lesioned area. This process encompasses a couple of steps: First a contact with the demyelinated axon has to be established, followed by the expression of myelin genes and the generation of myelin membranes, and finally wrapping and compacting those membranes to ultimately form the myelin sheath⁹⁴. Interestingly several experimental models of chemically-induced demyelination resulted in complete remyelination by endogenous progenitor cells^{85,95-97}. However, there is only poor remyelination after SCI leaving permanently demyelinated axons behind^{69,75,90}.

A lack or deficiency in precursor cells, a failure of precursor cell recruitment and a failure of precursor cell differentiation and maturation have been identified as reasons for poor remyelination. In particular, insufficient terminal oligodendroglial differentiation appears as

the most relevant factor, which prevents the formation of myelin and consecutive restoration of nerve conduction⁹⁴. These findings are based on the detection of oligodendroglial lineage cells that are apparently unable to fully differentiate in areas of demyelination^{98,99}. As underlying mechanism for the insufficient oligodendroglial differentiation several factors have been identified. Especially the expression of myelin-associated proteins after SCI inhibits terminal differentiation into fully myelinating oligodendroglia¹⁰⁰⁻¹⁰².

Taken together, the extent of demyelination and insufficient endogenous remyelination shown in experimental SCI provide a relevant target for regenerative therapeutic interventions.

1.2. Regenerative strategies after spinal cord injury

Strategies to promote structural regeneration following SCI include axonal repair, neuronal replacement and remyelination strategies^{2,3,77,103,104}. The following chapter will address these different repair strategies in more detail.

1.2.1. Axonal repair

The breakdown of communication between the peripheral nervous system and the brain is mainly caused by the interruption of long ascending (sensory) and descending (motor) axonal pathways¹⁰⁵. It has been shown that recovery after SCI is significantly correlated with the amount of surviving axons^{106,107}. Therefore, strategies to promote axonal plasticity and regeneration represent the prime target for innovative therapeutic concepts^{1,3,4}. Various neurotrophic factors have been shown to enhance spinal cord plasticity and axonal outgrowth so far (e.g. the upregulation of neurite growth and regeneration associated genes)^{60-63,65-67,108-113}. Neutralization of molecules inhibiting axonal regeneration such as CSPG (chondroitin sulfate proteoglycans) and myelin-based inhibitors represents another strategy to elicit axon repair¹¹⁴⁻¹²⁴.

The injured adult mammalian spinal cord parenchyma is unable to replace lost tissue in a phenotypically appropriate fashion. Therefore, efficient cell/tissue replacement strategies at the lesion site are required to promote axon regeneration with consecutive functional repair after SCI. Both, cell and biomaterial based transplantation/implantation therapies are effective to promote axon regrowth/sprouting to a limited extent^{1,49,52,125-129}.

1.2.2. Strategies for remyelination

SCI results in loss of oligodendrocytes, demyelination of spared axons and severe functional impairment. Since the adult CNS provides only a very limited capacity for spontaneous remyelination (especially since the terminal differentiation of endogenous progenitor cells

into mature myelin-forming oligodendrocytes is often not sufficient), cell transplantation strategies are an attractive approach for myelin repair. Very encouraging results originate from two major therapeutic approaches: 1) transplantation of cells with the potential to myelinate spared axons 2) stimulation of endogenous spinal cord progenitor cells to differentiate into mature myelin-forming oligodendrocytes.

1.2.2.1. Transplantation of myelin-forming cells

Several cell types have been transplanted to the lesioned spinal cord to extrinsically replace myelin-forming cells. Neural stem cells can differentiate into oligodendrocytes, which are capable to remyelinate axons. However, in most instances spontaneous differentiation into mature oligodendroglia is sparse^{130,131}. A variety of strategies has been employed to enhance oligodendroglial differentiation of grafted neural stem/progenitor cells such as the administration of growth factors¹³², the manipulation of gene expression or co-grafting of other cell types^{108,133-138}.

Neural stem cell transplantation approaches either alone or in combination with growth factors induced limited remyelination and functional recovery in small animal models of SCI¹²⁸.

Outside of the CNS Schwann cells represent the only other cell type which forms myelin. Interestingly the formation of myelin by Schwann cells is not limited to the peripheral nervous system only, but can also be observed in the CNS following invasion or grafting of Schwann cells to the injured spinal cord. Numerous studies revealed their potential to form functionally relevant myelin-sheets with improvement of saltatory nerve conduction velocity after transplantation to different CNS areas including the spinal cord^{133,139,140}. Similar results have been published with olfactory ensheathing cells¹⁴¹⁻¹⁴⁴, which can be considered as a hybrid cell between peripheral nervous system (Schwann cell) and CNS (astrocytes) glia.

1.2.2.2. Stimulation of endogenous progenitor cells for remyelination

Various studies have focused on maximizing the regenerative potential of endogenous neural progenitor cells (NPC) in the spinal cord by stimulating their recruitment, proliferation, migration and differentiation to intrinsically restore lost tissue following SCI^{1,145}.

The creation of a microenvironment conducive to regeneration by endogenous spinal cord stem cells with consecutive remyelination of spared axons plays a central role in this remyelination strategy. This goal could be achieved by local changes at the lesion site, probably mediated indirectly by the production of growth factors, cytokines, neurotrophic factors, favorable substances for axonal growth, effects on vasculature and other promoters of neurological recovery^{1,94,146}.

Recently, mesenchymal stem cells (MSC) have been shown to secrete soluble factors, which strongly promote oligodendroglial fate decision in adult NPC derived from the hippocampus (HC) or the subventricular zone (SVZ) in vitro. The shift of differentiation towards the oligodendroglial lineage has been demonstrated by a highly significant increase of the oligodendroglial markers MBP (myelin basic protein) and GalC (galactocerebroside) at the expense of astrogenesis, which was confirmed by a reduction of newborn GFAP-expressing astrocytes (glial fibrillary acidic protein). Subsequent experiments showed that enhanced oligodendroglial differentiation can be recapitulated on postnatal hippocampal slices cultures, which were incubated with MSC and NPC^{138,147,148}. The exact factor to exert remyelination has yet to be identified¹⁴⁹.

Therefore, the transplantation of MSC or administration of MSC-CM (mesenchymal stem cell – conditioned medium) might also have the capacity to promote oligodendroglial differentiation in vivo. However MSC failed to enhance oligodendroglial differentiation of co-grafted exogenous NPC after transplantation to the acutely injured rat spinal cord^{137,138}.

The aim of the present study is to investigate whether pure MSC grafts will promote oligodendroglial differentiation in endogenous glial progenitor cells after spinal cord injury.

2. AIM OF THE THESIS

The aim of the thesis project is to investigate whether MSC grafted into the injured rat spinal cord will promote oligodendroglial differentiation in endogenous glial progenitor cells as prerequisite for enhanced remyelination.

3. MATERIAL & METHODS

3.1. Chemicals & Materials

3.1.1. Cell culture

Chemicals	Source
Alpha-MEM	Gibco BRL, Germany
Accutase	PAA Laboratories, Linz, Austria
Acepromazine	Sanofi-Ceva, Düsseldorf, Germany
B27 supplement	Gibco BRL, Germany
Boric acid	Sigma-Aldrich, Taufkirchen, Germany
Bromodesoxyuridine (BrdU)	Sigma-Aldrich, Taufkirchen, Germany
Dispase II	Boehringer, Germany
DMEM/F12	PAN Biotech GmbH, Aidenbach, Germany
Dimethyl sulfoxide (DMSO)	Sigma-Aldrich, Taufkirchen, Germany
DNase I	Worthington Biochemicals, England
Dulbecco's phosphate buffered saline (DPBS)	PAA Laboratories, Linz, Austria
Epidermal growth factor (EGF)	R&D Systems, Germany
Fetal bovine serum (FBS)	PAN Biotech GmbH, Aidenbach, Germany
Fibroblast growth factor (FGF)	R&D Systems, Germany
G418 (geneticin)	Invitrogen / Gibco, Karlsruhe, Germany
Glucose	Merck, Germany
Hank's Balanced Salt Solution (HBSS)	PAA Laboratories, Linz, Austria
Heparin	Sigma-Aldrich, Taufkirchen, Germany
Ketamine	WDT, Garbsen, Germany
Laminin	Sigma-Aldrich, Taufkirchen, Germany
L-glutamine	PAN Biotech GmbH, Aidenbach, Germany
NaH ₂ PO ₄	Sigma-Aldrich, Taufkirchen, Germany
Na ₂ HPO ₄	Sigma-Aldrich, Taufkirchen, Germany
Neurobasal medium (NB)	Gibco BRL, Germany
Papain	Worthington Biochemicals, England
Penicillin/streptomycin	PAN Biotech GmbH, Aidenbach, Germany
Polybrene (hexadimethrine bromide)	Sigma-Aldrich, Taufkirchen, Germany
Poly-L-ornithine	Sigma-Aldrich, Taufkirchen, Germany
Sodium hydroxide (NaOH)	Sigma-Aldrich, Taufkirchen, Germany
Trypan blue	Sigma-Aldrich, Taufkirchen, Germany
Trypsin	Gibco BRL, Germany

3.1.2. Immunodetection

Chemicals	Source
3,3'-Diaminobenzidine (DAB)	Vector Laboratories, Burlingame, USA
4,6'-Diamidino-2-phenylindole (DAPI)	Sigma-Aldrich, Taufkirchen, Germany
Bovine serum albumin (BSA)	Biomol, Germany
DAB Peroxidase Substrate Kit	Biozol, Eching, Germany
Donkey serum	PAN Biotech GmbH, Aidenbach, Germany

Gelatine from cold water fish skin	Sigma-Aldrich, Taufkirchen, Germany
Prolong Antifade	Invitrogen GmbH, Germany
Triton X-100	Sigma-Aldrich, Taufkirchen, Germany
Vectastain Elite ABC kit	Vector Laboratories, Burlingame, USA
Xylazine	WDT, Garbsen, Germany

3.1.3. Other Chemicals + Kits

Chemicals	Source
Ethanol	Baker, Unterschleißheim, Germany
2-Mercaptoethanol	Sigma-Aldrich, Taufkirchen, Germany
2-Methylbutane	Fluka
Paraformaldehyde	Sigma-Aldrich, Taufkirchen, Germany

3.1.4. Antibodies

Primary antibody	Dilution	Source
ms α APC (adenomatous polyposis coli)	1:500	Calbiochemi, Darmstadt, Germany
rt α BrdU (Bromodesoxyuridine)	1:500	AbDSerotec, UK
rb α GFAP (glial fibrillary acidic protein)	1:1000	Dako, A/S, Glostrup, DK
gt α GFP (green fluorescent protein)	1:500	Rockland, Gilbertsville, USA
ms α Map2ab (microtubule associated protein 2ab)	1:250	Sigma-Aldrich, Taufkirchen, Germany
ms α MBP (myelin basic protein)	1:750	HiSS Diagnostics GmbH, Germany

Secondary antibody	Dilution	Source
dk α ms IgG Alexa Fluor 488	1:1000	Molecular Probes, Germany
dk α gt IgG Alexa Fluor 488	1:1000	Molecular Probes, Germany
dk α rb IgG Alexa Fluor 488	1:1000	Molecular Probes, Germany
dk α ms-RHOX (rhodamine X)	1:500	Dianova, Hamburg, Germany
dk α rb-RHOX	1:500	Dianova, Hamburg, Germany
dk α rt-RHOX	1:500	Dianova, Hamburg, Germany
dk α rb-CY5	1:500	Dianova, Hamburg, Germany
dk α rt-Biotin	1:500	Dianova, Hamburg, Germany

3.1.5. Buffer and solutions

Reagent	Application
Borate buffer (0,1M; pH 8.5)	<ul style="list-style-type: none"> - 3.08g boric acid - 450ml H₂O - 5M NaOH to pH 8.5 - fill up to 500ml
Cryoprotect solution (CPS)	<ul style="list-style-type: none"> - 250ml Glycerine - 500ml 0,1M PO₄ buffer - 250ml ethylene glycol
Donkey serum blocking buffer	<ul style="list-style-type: none"> - 960µl TBS - 30µl donkey serum - 10µl Triton X-100
Fish skin gelatine buffer (FSGB)	<ul style="list-style-type: none"> - 1000ml TBS - 10g bovine serum albumin (BSA) - 2ml Fish skin gelatine - optional: 1ml Triton X-100
Phosphate buffer (PO ₄ 0,2M)	<ul style="list-style-type: none"> - 6.35g NaH₂PO₄ x H₂O - 41.35g Na₂HPO₄ x 7 H₂O - fill up with ddH₂O to 1L
Paraformaldehyde 4% (PFA)	<ul style="list-style-type: none"> - 40g paraformaldehyde - add 500ml H₂O - heat to 70°C - dissolve while stirring - add 1ml 10M NaOH - filter solution and add 500ml 0.2M PO₄
Phosphate buffered saline 0,1M (PBS)	<ul style="list-style-type: none"> - 500ml 0,2M phosphate buffer - 500ml dH₂O - 9g sodiumchloride
PPD (100ml)	<ul style="list-style-type: none"> - 0.01% Papain - 0.1% Dispase II - 0.01% DNase - 149mg MgSO₄ x 7 H₂O - in HBSS w/o Ca²⁺/Mg²⁺
Sucrose 30%	<ul style="list-style-type: none"> - 300g Sucrose - 400ml 0,2M PO₄ - 400ml ddH₂O
20 x SCC	<ul style="list-style-type: none"> - NaCl 175.3g - 88.2g Trisodium citrate x 2 H₂O - fill up with dH₂O to 1L
10 x TBS (Tris buffered saline)	<ul style="list-style-type: none"> - Trizma Base 30g - KCl 2g - NaCl 80g - fill up to 1L with dH₂O - adjust pH 7.4 with 1M HCl

3.1.6. Consumables

Materials	Source
Coverslips and slides	VWR International
Cell culture articles	Peske, Aindlingen-Arnhofen, Germany Corning Costar, Germany
Cell culture media	PAN Biotech GmbH, Aidenbach, Germany Invitrogen / Gibco, Karlsruhe, Germany
Growth factors	R&D Systems, Germany
Gelfoam (Gelita tampon)	Braun, Germany

3.1.7. Software

Program	Software producer
Adobe Illustrator CS3	Adobe, San Jose, USA
Adobe Photoshop CS3	Adobe, San Jose, USA
EndNote X3	Thomson Reuters, USA
Microsoft Office 2008 for Mac OS X (12.2.5)	Microsoft Corporation, USA
Prism 4 (Version 4.0a for Macintosh)	GraphPad Software, San Diego, USA
Spot 3.5.9 for Mac OS	Diagnostic Instruments, Sterling Heights, USA
Leica confocal software	Leica, Wetzlar, Germany

3.1.8. Equipment and instruments

Apparatus	Source
Hera Cell incubator	Heraeus, Germany
Hera Safe cell culture hood	Heraeus, Germany
Stereotactic unit	Kopf Instruments, Tujunga, USA
Tungsten wire knife	Kopf Instruments, Tujunga, USA
Picospritzer II	General Valve, Fairfield, USA
Inverse fluorescence microscope for cell culture	Olympus, Germany
Leica confocal fluorescence microscope (TCS-NT)	Leica, Wetzlar, Germany
Leica fluorescent microscope equipped with a Spot CCD camera model 2.2.1	Leica, Wetzlar, Germany Diagnostic Instruments, Sterling Heights, USA
FACS Aria	Becton Dickinson, USA
Refrigerated table centrifuge	Eppendorf, Hamburg, Germany
Table centrifuge mini spin plus	Eppendorf, Hamburg, Germany

3.2. Methods

3.2.1. Animal subjects

For all experiments, adult female Fischer 344 rats (Charles River Deutschland GmbH, Sulzfeld, Germany) weighing between 160-180g (3-4 months old) were used as donors for isolation of NPC, MSC and fibroblasts (FF) as well as for transplantation experiments. All experiments were carried out in accordance with the European Communities Council Directive (86/609/EEC) and institutional guidelines. Animals had *ad libitum* access to food and water throughout the study. All efforts were made to minimize the number of animals and their suffering.

3.2.2. Preparation and cell culture

3.2.2.1. Preparation of neural progenitor cells (NPC)

For isolation of the different cell types, adult female Fischer-344 rats were deeply anesthetized using a mixture of ketamine (62.5 mg/kg), xylazine (3.175 mg/kg) and acepromazine (0.625 mg/kg) in 0.9% sterile saline solution and killed by decapitation. Brains and spinal cords were removed and put into Dulbecco's phosphate buffered saline (DPBS) at 4°C. Overlying meninges and blood vessels were removed. The HC and the ependymal zones, including subependymal and subventricular zones from the lateral wall of the lateral ventricle (SVZ), were aseptically removed. The dissected tissue was transferred to fresh DPBS, washed once, afterwards transferred to Petri dishes and dissociated mechanically. The cell suspension was washed in DPBS to rinse of excess of blood and further digested in PPD solution containing 0.01% papain, 0.1% dispase II, 0.01% DNase I and 12.4 mM MgSO₄, dissolved in Hank's balanced salt solution (HBSS) for 30 min at 37°C. Thereafter the cell suspension was triturated every 10 min until the tissue was digested completely. The tissue was centrifuged at 120 x g for 5 min at 4°C and washed three times in Neurobasal (NB) medium supplemented with B27, 2 mM L-glutamine, 100 U/ml penicillin / 0.1 mg/l streptomycin. Cells were

resuspended in NB medium supplemented additionally with 2 µg/ml heparin, 20 ng/ml FGF-2 and 20 ng/ml EGF. Single cells started to form spheres within one week of suspension culture. Cultures were maintained as neurospheres in uncoated culture flasks at 37°C in a humidified incubator with 5% CO₂. Half of the cell culture medium was changed twice a week, by centrifuging the medium containing the neurospheres at 120 x g for 5 min at 4°C and thereafter removing the supernatant and resuspending the cells in fresh growth medium^{150,151}. Cell cultures were passaged in weekly intervals. Passaging of neurospheres was performed as follows: the medium containing the neurospheres was collected in a 15 ml centrifuge tube and centrifuged at 120 g x 5 min at 4°C. The cell-pellet was resuspended in 200 µl of Accutase™ and incubated at 37°C for 10 min. The neurospheres were resuspended in growth medium and triturated. Viable cells were counted by trypan blue exclusion assay in a Neubauer hemocytometer and a total number of 5×10^4 cells/ml was seeded in T75 culture flasks in fresh growth medium. To label cells, NPC were genetically modified to express the reporter gene GFP as described⁴⁶. Briefly, NPC were plated in sub-confluent densities (10.000 cells/cm²) on P-Ornithin/Laminin-coated cell culture flasks. The cells were incubated for 8 hours on two consecutive days with retrovirus containing supernatants (pCLE-GFP or pLXSNGFP) supplemented with 1 µg/ml Polybrene. Approximately 60% of all cells displayed GFP fluorescence 2 days following the transduction. To select for GFP-expressing cells that integrated the retroviral vector, G418 (500 µg/ml active concentration) was added to the growth medium for 6 weeks. This concentration has previously been determined to completely eliminate all untransfected NPC within 3 weeks. Successful incorporation of the transgene into all NPC was confirmed by an inverted fluorescence microscope (Olympus, Germany). Following G418 selection, cells were cultivated in the absence of G418.

3.2.2.2. Preparation of fibroblasts (FF)

Primary cultures of adult Fischer 344 fibroblasts were generated from skin biopsies and cultivated under standard culture conditions as previously described^{130,152}. A small skin biopsy was taken after the fur over the abdominal region was shaved. The biopsy was put into 70% ethanol for a few seconds, washed in Hank's balanced salt solution and fat tissue was removed. The biopsy was then cut into small pieces (1 x 1 mm) and transferred in culture wells containing Dulbecco's minimal essential medium (DMEM) supplemented with 2 mM L-glutamine, 100 U/ml penicillin / 0.1 mg/l streptomycin, 3.5 mg/ml Glucose and 10% fetal bovine serum. The medium was changed twice a week. When cells reached 90% confluence, they were passaged by trypsinization (0.25% Trypsin). After counting an aliquot of the resulting single cell suspension in a Neubauer hemocytometer, 5×10^4 cells/ml were plated in fresh medium.

3.2.2.3. Preparation of mesenchymal stem cells (MSC)

MSC were isolated from bone marrow plugs harvested from femurs and tibias of Fischer 344 rats (2-4 months old). Plugs were mechanically dissociated in alpha minimum essential medium (α MEM) and recovered by centrifugation. Cell pellets were resuspended in α MEM containing 10% fetal bovine serum (α MEM-10% FBS) and seeded at a density of 1×10^6 cells/cm² in a humidified incubator at 37°C with 5% CO₂. After 3 days medium was changed and non-adherent cells were removed. Adherent cells were incubated in fresh α MEM-10% FBS until a confluent layer of cells was reached. These cells were trypsinized using 0.25% Trypsin and seeded in α MEM-10% FBS at 8.000 cells/cm². After 3-5 days of culture, the resulting monolayer of cells, hereafter named rat bone marrow-derived MSC, was trypsinized and frozen or cultured for further experiments. As demonstrated previously, this cell culture preparation is highly enriched with multipotent MSC containing virtually no hematopoietic contamination¹⁴⁷.

3.2.2.4. Preparation and use of conditioned media

For preparation of the MSC-CM and fibroblast-conditioned medium (FF-CM), each cell type was plated at 12.000 cells/cm² and incubated in α MEM-10% FBS. After 3 days, MSC-CM and FF-CM were collected and filtered using a 0.22 μ m pore filter.

3.2.2.5. In vitro differentiation assays

NPC were plated on polyornithine (100 μ g/ml) and laminin (5 μ g/ml)-coated glass coverslips at a concentration of 5.000 cells/ml in α -MEM–10% FBS for 12-24 hours. Thereafter the medium was replaced with MSC-CM or FF-CM. NPC, which were kept in α -MEM–10% FBS medium served as controls. After 7 days cells were fixed for 30 minutes with phosphate-buffered 4% (wt/vol) paraformaldehyde (37°C, pH 7.4) and then processed for immunocytochemistry.

3.2.3. Immunocytochemistry

Fixed cells were washed in Tris-buffered saline (TBS) (0.15 M NaCl, 0.1 M Tris-HCl, pH=7.5), then blocked with a solution composed of TBS, 0.1% Triton X-100 (only for intracellular antigens), 1% bovine serum albumin (BSA) and 0.2% fishskin gelatine buffer (FSGB). The latter solution was used for the following incubation steps with antibodies. Primary antibodies were applied over night at 4°C. Fluorochrome-conjugated species-specific secondary antibodies were used for visualization.

The following primary antibodies and final concentrations have been used: rabbit anti-glial fibrillary acidic protein (GFAP) for astroglia (1:1000), mouse anti-myelin basic protein (MBP) (1:750; SMI-94) for oligodendroglia and mouse anti-microtubule associated protein 2ab (Map2ab) (1:250) for neurons. Goat anti-green fluorescent protein (GFP) (1:500) was used to detect GFP-positive NPC. Secondary antibodies: donkey anti-mouse, -rabbit or -goat conjugated with rhodamine X (RHOX) (1:500) or Alexa fluor 488 (1:1000). Nuclear staining was performed with 4',6'-diamidino-2-phenylindole-dihydrochloride-hydrate (DAPI) at 0.25 µg/µl. Coverslips were mounted on microscope slides using Prolong Antifade. Epifluorescence observations and photodocumentations were realized using a Leica fluorescent microscope (Leica, Wetzlar, Germany) equipped with a Spot CCD camera model 2.2.1 (Diagnostic Instruments, Inc., Sterling Heights, USA).

For each culture condition randomly selected observation fields, containing five hundred to 1.000 GFP-positive cells, were photographed for cell fate analysis. The expression frequency of selected cell type markers was determined for every condition in three independent experiments.

3.2.4. Preparation of respective cell types for transplantation

For transplantation, MSC and FF were trypsinized. A sample of single cell suspension was stained with Trypan Blue and counted in a Neubauer Hemocytometer. The remaining single cell suspension was washed twice and resuspended in PBS to yield a final concentration of 0.6×10^5 cells/ μ l.

3.2.5. Surgical procedures

For all surgical procedures animals were anaesthetized using a cocktail of ketamine, xylazine and acepromazine as described above.

3.2.5.1. Cervical dorsal column transection

Lesioning of the dorsal columns was performed using a tungsten wire knife (Kopf Instruments, Tujunga, USA) to transect the dorsal columns bilaterally, thereby interrupting the dorsal component of the corticospinal projection and a portion of the rostrally projecting proprioceptive dorsal sensory pathway. Rats were fixed in a spinal stereotactic unit (Kopf Instruments, Tujunga, CA), skin and muscles were incised and a laminectomy was performed at C3 level. A small dura incision was made. For C3 lesions, the tungsten wire knife was stereotactically positioned 0.6 mm to the left of midline and lowered to a depth of 1.1 mm (for illustration see Figure 1). The tip of the wire was extruded from the device, forming a 2.25 mm-wide wire arch, that was then raised 2 mm to lesion the corticospinal tract (CST) bilaterally. To ensure complete interruption (rather than stretching) of corticospinal axons, a 500 μ m-wide glass pipette was tightly compressed against the wire loop under microscopic guidance.

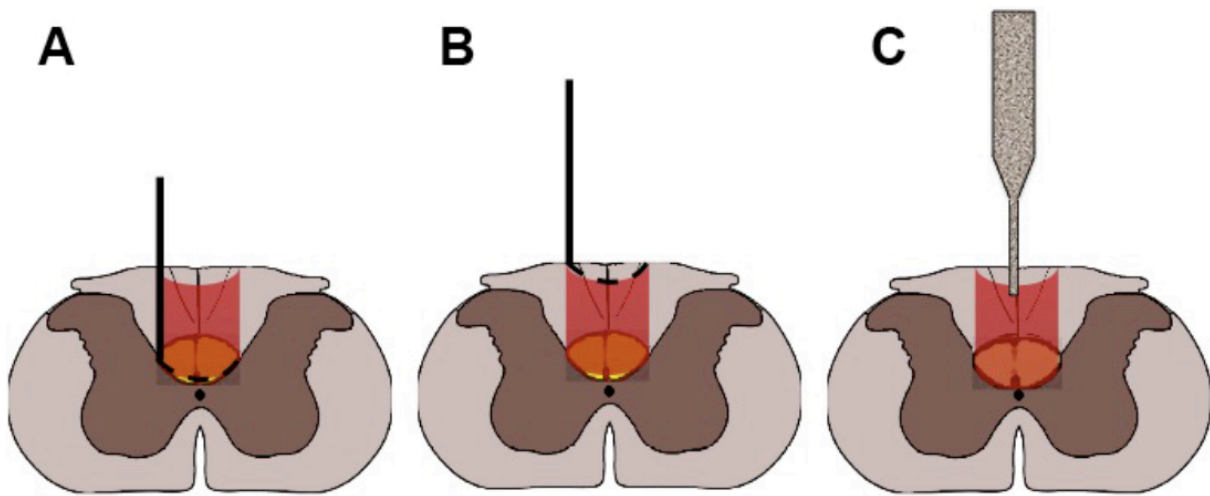


Figure 1: Schematic representation of the Cervical dorsal column transection model

The crossed dorsal components of CST axons of rats contain about 95% of the descending axons, whereas an ipsilateral ventral component contains less than 5% of all CST axons. (A) In this SCI model, a dura incision is made and the wire knife device is stereotactically lowered into the spinal cord parenchyma. At the correct depth, the tungsten wire is extruded, forming a wire arch below the dorsal component of the corticospinal projections. (B) Afterwards, the wire knife device is risen up until the tip of the wire is visible, transecting the dorsal columns bilaterally and interrupting the dorsal component of the corticospinal projections and a portion of the rostrally projecting proprioceptive dorsal sensory pathway. The wire arch is then retracted back into the wire knife device, and the instrument is removed from the cord, thereby leaving the dura intact. (C) Directly following the lesion, cell-grafts can be injected under stereotactic guidance into the lesioned area through a pulled glass micropipette.

A large proportion of the overlying dorsal funicular sensory ascending projection was also lesioned by the procedure. Afterwards the wire arch was retracted back into the knife device and the instrument was removed from the spinal cord. This lesion is highly localized and reproducible, permitting precise characterization of local responses to injury and associations of defined axonal populations to the injury milieu^{46,153,154}.

3.2.5.2. Cell transplantation into the injured spinal cord

After stereotactically guided transection of the dorsal CST with a tungsten wire knife at cervical level C3, a total volume of 2 μ l cell suspension containing a) 0.6×10^5 MSC/ μ l (MSC, n=6 for each timepoint) or b) 0.6×10^5 fibroblasts/ μ l (FF, n=6 for each timepoint) was injected directly into the lesion site through a pulled glass micropipette (100 μ m internal diameter) using a Picospritzer II (General Valve, Fairfield, USA). Animals receiving spinal

cord lesions without cell transplantation (**Lesion**, n=6 for each timepoint) served as controls. The lesion/implantation site was covered with gelfoam (Gelita Tampon; Braun, Germany) before readapting muscular layers and stapling the skin above the lesion site.

3.2.6. BrdU-injection and experimental design of the in vivo studies

A short course of daily BrdU-injection (50 mg/kg) was done intraperitoneally (i.p.) starting immediately after surgery until day 3 post-op. Animals were perfused on day 3 (2 hours after last BrdU-injection) to study endogenous cell proliferation (early timepoint). To determine survival of newborn cells derived from endogenous NPC, BrdU (50 mg/kg) was administered daily i.p. from day 3-10 post-op before animals were sacrificed on day 28 (late timepoint). For illustration see Figure 2.

Time course:

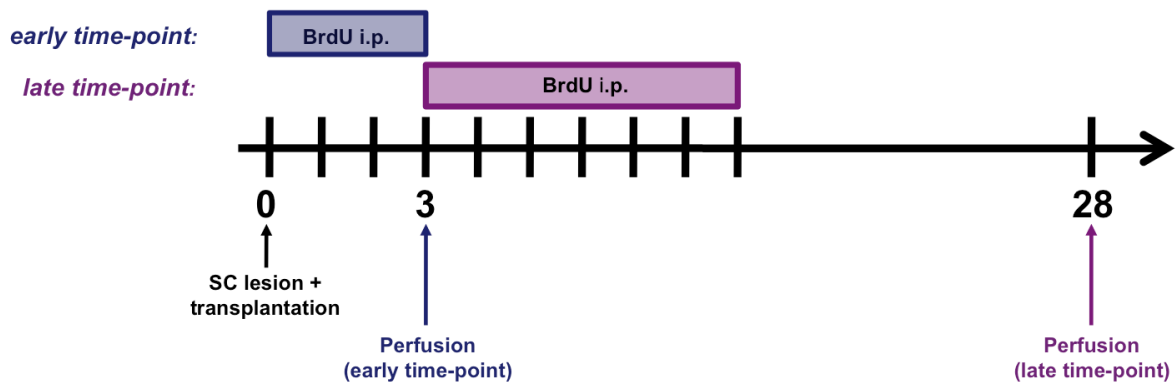


Figure 2: Schematic representation of the experimental design

All animals received a cervical wire knife dorsal column transection. Early time-point: Animals received BrdU injections intraperitoneally once a day on 4 consecutive days, starting right after the surgery. Perfusion of the rats was performed on post-op day 3. Late time-point: Rats received BrdU injections once a day for 8 consecutive days, starting on post-op day 3. Animals were perfused 4 weeks postoperatively.

3.2.7. Histology

At 3 or 28 days postoperatively, animals were transcardially perfused with 0.9% saline solution for 10 min followed by 4% paraformaldehyde in 0.1 M phosphate buffer for 15 min. Spinal cords were dissected, post fixed overnight in 4% paraformaldehyde and cryoprotected in PBS containing 30% sucrose at 4°C. A 9 mm block of the cervical spinal cord containing the lesion center was divided into three equidistant consecutive levels termed rostral (RO), lesion center (LC), and caudal (CA), which were cut into 40 µm thick coronal cryostat sections. Three sections (one from each level) with a distance of 3 mm between each other were processed for immunohistochemistry (for illustration see Figure 3). Every seventh section was collected for Nissl staining to exactly determine the lesion/injection site and to assess the overall neuropathological changes (cystic lesion defect, tissue loss, hemorrhage). Sections mounted onto gelatine-coated coverslips were hydrated in a downward ethanol series starting with a 1:2 chloroform/ethanol mixture. Coverslips were incubated consecutively for 2 min each in ethanol 100%, 95%, 70% and 40% and for 5 min in distilled water. For the actual staining procedure coverslips were incubated in a thionine-solution for 30 seconds. After several rinses in distilled water coverslips were dehydrated consecutively for 2 min each in ethanol 40%, 70%, 80% and 95%. Finally, coverslips were incubated for 5 min in NeoClear and coverslipped with NeoMount.

All other sections were stored in 25% glycerol, 25% ethylene glycol and 50% 0.1 M sodium phosphate solution at 4°C.

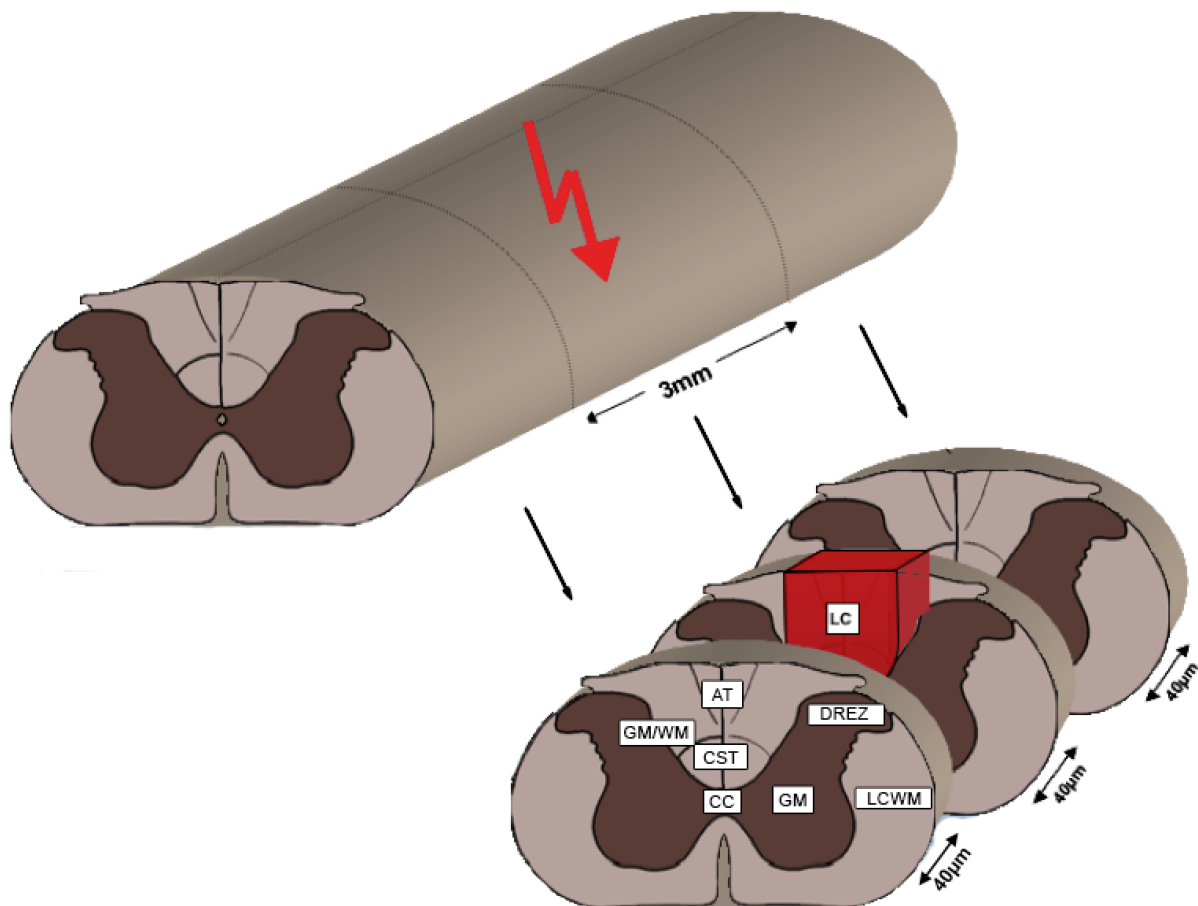


Figure 3: Schematic representation of the morphological analysis of endogenous NPC in the injured spinal cord

A 9 mm long piece of the spinal cord was cut into 40 µm thick coronal sections. Three levels (lesion center (LC), rostral (RO) and caudal (CA)) with a distance of 3 mm between each other were quantified. Within each level one field of view was quantified in up to seven different regions: 1.) central canal (CC), 2.) grey matter / white matter transition zone (GM/WM), 3.) corticospinal tract (CST), 4.) ascending tract (AT), 5.) grey matter (GM), 6.) lateral column white matter (LCWM) and 7.) dorsal root entry zone (DREZ). For quantification of the BrdU-DAB staining, all seven regions were analyzed, whereas only the first four regions (CC, GM/WM, CST and AT) were analyzed for the fluorescence staining. The red area indicates the lesion site.

3.2.8. Immunohistochemistry

3.2.8.1. Brightfield analysis

Visualization of BrdU incorporating cells with 3,3'-diaminobenzidine (DAB) was processed as follows: to detect BrdU-labeled nuclei the following DNA denaturation steps preceded the incubation with a BrdU specific antibody: after rinsing in TBS, free-floating sections were incubated in 0.6% H_2O_2 for 30 min, washed again and incubated for 1h in 50% formamide/2xSSC (0.3 M NaCl, 0.03 M sodium citrate) at 65°C. Sections were rinsed

in 2xSSC, incubated for 30 min in 2 M HCl at 37°C and rinsed for 10 min in 0.1 M boric acid (pH 8.5). After rinsing in TBS, sections were blocked with a solution composed of TBS, 0.2% fish skin gelatine, 1% bovine serum albumin and 0.1% Trinton X-100 (only for intracellular antigens) for 1h. This buffer was also used during incubation with the rat anti-BrdU (1:500) primary antibody over night at 4°C. For chromogenic immunodetection, sections were washed extensively and further incubated with a biotin-conjugated species-specific secondary antibody, donkey anti-rat biotin conjugated (1:500), followed by a peroxidase-avidin complex solution from the Vectastain Elite ABC kit. Sections were developed in TBS containing 0.25 mg/ml 3,3'-diaminobenzidine (DAB), 0.01% (v/v) H₂O₂, and 0.04% /w/v NiCl₂. Sections were mounted on gelatine-coated slides, air-dried, dehydrated and coverslipped with Neo-Mount.

3.2.8.2. Fluorescence analysis

Triple labeling immunfluorescence techniques were performed with free floating sections to assess the differentiation pattern of endogenous NPC in vivo. Sections were washed in TBS, blocked with a solution of TBS, 3% donkey serum and 0.1% Triton X-100 (only for intracellular antigens) for 1h and afterwards incubated with the primary antibodies overnight at 4°C on a rotating platform. For detection of BrdU-labeled nuclei, the following DNA denaturation steps preceded the incubation with rat anti-BrdU antibody: after rinsing in TBS, sections were incubated for 1h in 50% formamide/2xSSC (0.3 M NaCl, 0.03 M sodium citrate) at 65°C. Sections were rinsed in 2xSSC, incubated for 30 min in 2 M HCl at 37°C and rinsed for 10 min in 0.1 M boric acid (pH 8.5).

The following primary antibodies were used: rat anti-BrdU (1:500) to label newly created cells, rabbit anti-GFAP for astroglia (1:1000) and mouse anti-Adenomatous polyposis coli (APC) for oligodendrocytes (1:500). The following day, sections were rinsed and incubated with fluorescein (donkey anti-mouse IgG Alexa Fluor 488, 1:1000), rhodamine X (donkey

anti-rat RHOX, 1:500) and Cy5 (donkey anti-rabbit CY5, 1:500) conjugated donkey secondary antibodies for 2h. After a final rinsing step in TBS, sections were mounted onto glass slides and coverslipped with Prolong Antifade.

3.2.9. Microscopical analysis

Brightfield micrographs of DAB-stained sections were obtained with a Leica fluorescence microscope (Leica, Wetzlar, Germany) connected to a Spot CCD camera model 2.2.1 (Diagnostic Instruments, Sterling Heights, USA). Quantitative analysis of BrdU-DAB labeled cells was performed using a 40x objective lens. BrdU-immunoreactive nuclei were counted in one section out of each spinal cord level (RO, LC or CA) with a distance of 3mm between each level. Within each section BrdU-immunoreactive nuclei were quantified in up to seven different regions in one field of view (see Figure 3): central canal (CC), grey/white matter transition zone (GM/WM), corticospinal tract (CST), ascending tract (AT), grey matter (GM), lateral column white matter (LCWM) and dorsal root entry zone (DREZ). Graphs are expressed as the total number of cells detected in all seven regions and in all three sections.

Immunohistochemical analysis was performed using a Leica confocal fluorescence microscope TCS-NT (Leica, Wetzlar, Germany) equipped with a 40x PL APO oil objective (1.25 numeric aperture). Co-localization of BrdU-labeled cells with the individual differentiation markers was determined by analyzing between 30-35 adjacent optical sections through the z-axis of 40µm thick coronal sections. Co-localization was confirmed, once the differentiation marker was spatially associated to BrdU nuclear labeling through subsequent optical sections in the z-axis.

The *in vivo* differentiation pattern of endogenous spinal cord NPC was quantified in three sections from 3 different levels of spinal cord: LC, RO and CA. Within each section co-localization of differentiation markers with BrdU was quantified in one field of view out of 4 different regions (for illustration see Figure 3): CC, GM/WM, CST and AT. The total

number of BrdU positive cells in each field of view was counted and correlated to the number of BrdU positive cells co-localizing with the respective differentiation marker (GFAP, APC). As APC immunoreactivity is present both in oligodendrocytes and a subset of astrocytes^{155,156}, only cells immunoreactive for BrdU and APC - not for GFAP - were classified as oligodendroglia. Cells immunoreactive for BrdU and GFAP were counted as astroglia.

3.2.10. Statistical analysis

Statistical analysis of the in vitro experiments was performed using one-way analysis of variances (ANOVA) followed by Tukey's Multiple Comparison Test for multiple group comparisons (*, $p < 0.05$; **, $p < 0.01$; ***, $p < 0.001$). The in vivo part was analyzed using parametric one-way analysis of variances (ANOVA) and Dunn's Multiple Comparison Test post-hoc (*, $p < 0.05$; **, $p < 0.01$; ***, $p < 0.001$). All data are expressed as mean \pm standard error of the mean (SEM). Statistical analysis was performed using PRISM4 software (GraphPad Software, San Diego, USA).

4. RESULTS

4.1. IN VITRO

4.1.1. MSC and FF derived soluble factors induce oligodendroglial differentiation in

NPC in vitro

As previously shown, either direct co-culture with MSC or incubation with soluble factors derived from MSC significantly enhance oligodendroglial differentiation in NPC derived from the adult hippocampus and the SVZ^{138,147,148}. To evaluate whether this pro-oligodendroglial effect is also present in NPC derived from the spinal cord, NPC from the hippocampus (HC), the subventricular zone (SVZ) and the spinal cord (SC) were cultured in MSC-CM for one week and subsequently analyzed for the differentiation markers GFAP and MBP (for illustration see Figure 4A-F). As control groups primary FF-CM was added alone or in combination with MSC-CM to NPC cultures. NPC grown with alpha-MEM 10% FBS served as control.

The capacity of MSC-CM and FF-CM to induce the expression of oligodendroglial markers in NPC derived from the SVZ, the HC or the SC in comparison to control medium (α -MEM-10% FBS) was determined in vitro (Figure 4 and 5). Independent of the origin of NPC (SVZ, HC, SC) FF-CM was the strongest promoter of MBP expressing cells (74.2% \pm 4.0 in SVZ, 76.6% \pm 0.5 in HC and 73.4% \pm 3.4 in SC) followed by MSC-CM+FF-CM (55.7% \pm 3.2 in SVZ, 55.8% \pm 1.3 in HC and 54.5% \pm 10.4 in SC), MSC-CM (27.9% \pm 8.6 in SVZ, 43.6% \pm 12.8 in HC and 50.1% \pm 0.9 in SC) and alpha-MEM (2.9% \pm 2.5 in SVZ, 4.5% \pm 1.4 in HC and 2.4% \pm 0.9 in SC). At the same time FF-CM reduced the number of GFAP expressing cells (6.5% \pm 0.1 in SVZ, 7.8% \pm 3.2 in HC and 10.7% \pm 0.9 in SC) more than MSC-CM+FF-CM (20.7% \pm 3.3 in SVZ, 25.2% \pm 5.4 in HC and 12.8% \pm 1.6 in SC), MSC-CM (44.6% \pm 7.4 in SVZ, 58.1% \pm 8.1 in HC and 27.5% \pm 2.0 in SC) and alpha-MEM (80.6% \pm 1.8 in SVZ, 80.1% \pm 7.2 in HC and 78.0% \pm 2.0 in SC).

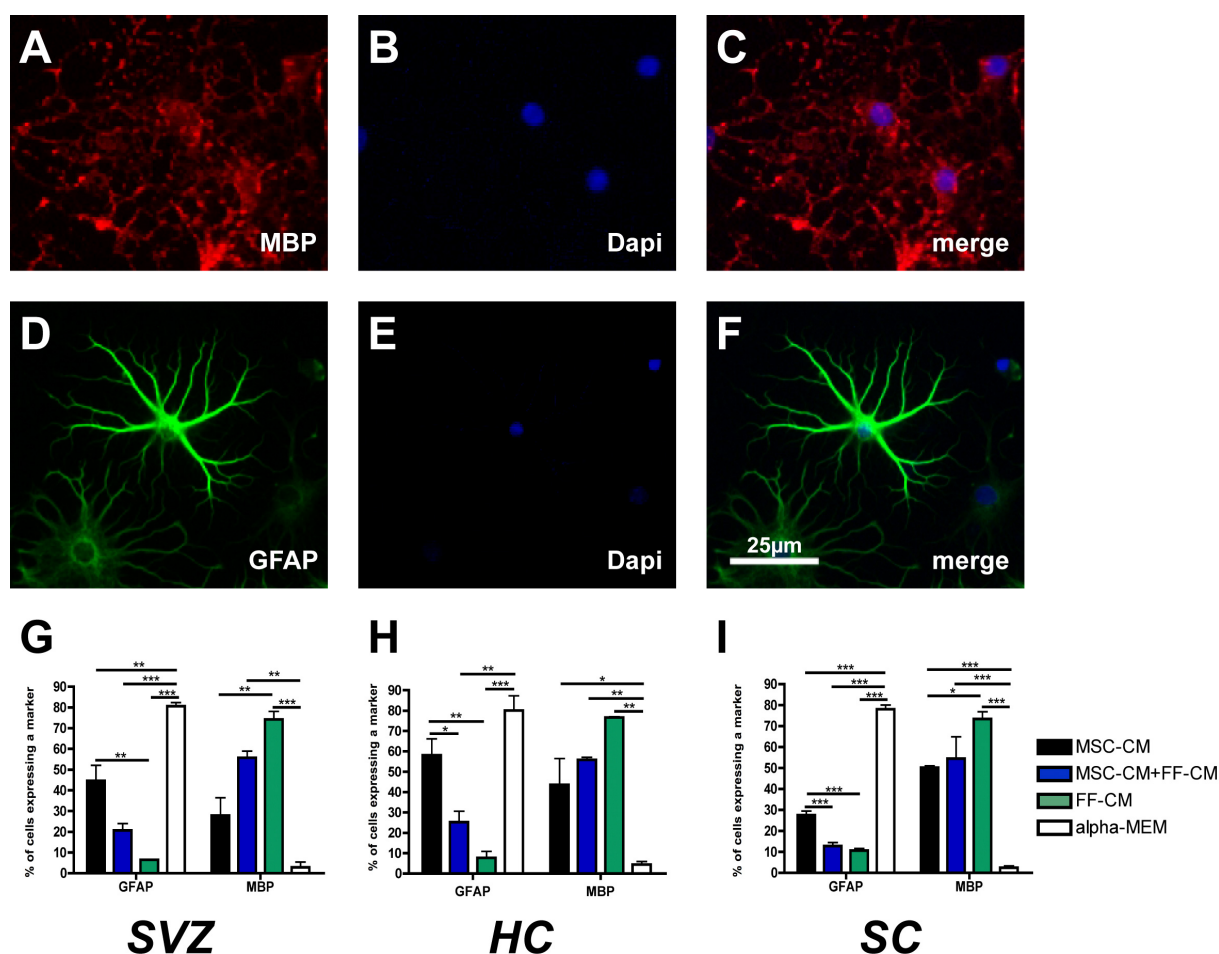


Figure 4: MSC-CM and FF-CM promote oligodendrogenesis of SVZ-, HC- as well as SC-derived NPC *in vitro*

Example of NPC (SC) expressing MBP (A-C) or GFAP (D-F). The respective marker (A,D) and DAPI counterstain (B,E) were overlaid (C,F). Quantitative analysis of MBP/GFAP expression in adult NPC derived from the SVZ (G), HC (H) or SC (I) incubated with either MSC-CM, MSC-CM+FF-CM, FF-CM or alpha-MEM. Five hundred to 1.000 GFP-positive cells (NPC) were analyzed in randomly chosen fields. Experiments were done in triplicate. Scale bar: 25 μ m. Averages are expressed with their standard error of the mean (SEM). One-way analysis of variances (ANOVA) followed by Tukey's Multiple Comparison Test for multiple group comparisons was used for statistical analysis. * $p < 0.05$; ** $p < 0.01$; *** $p < 0.001$.

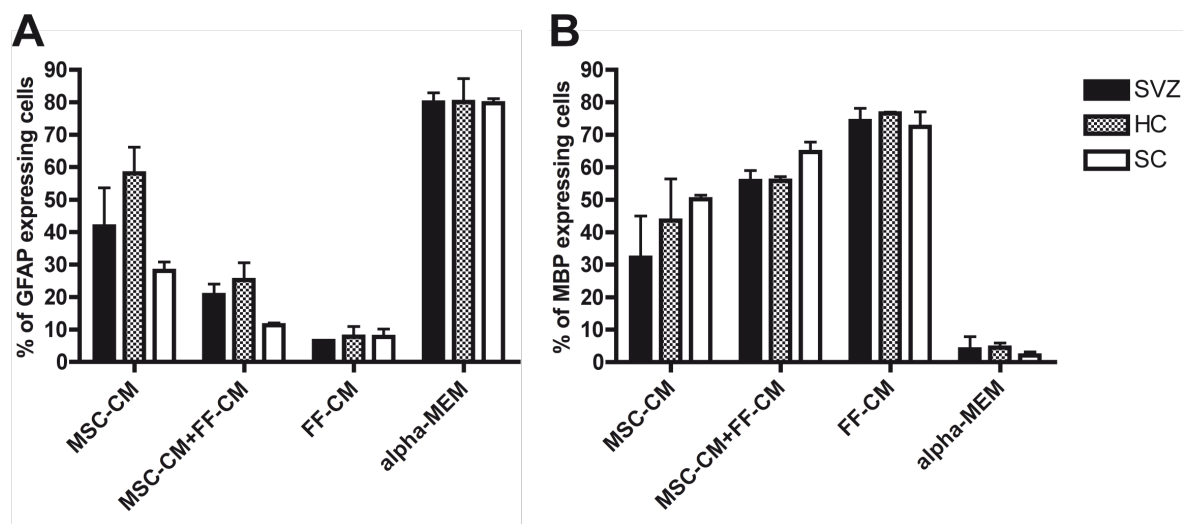


Figure 5: The origin of NPC does not influence their differentiation potential *in vitro*

Quantitative analysis of GFAP (A) and MBP (B) expression in adult NPC derived from the SVZ, HC or SC incubated with either MSC-CM, MSC-CM+FF-CM, FF-CM or alpha-MEM. Five hundred to 1.000 GFP-positive cells (NPC) were analyzed in randomly chosen fields. Experiments were done in triplicate. Averages are expressed with their standard error of the mean (SEM). One-Way ANOVA was used for statistical analysis.

In summary, FF-CM represents the most effective conditioned medium to promote oligodendroglial differentiation (MBP expression) at the expense of astroglial differentiation, irrespective of the NPC origin. Unexpectedly, this pro-oligodendrogenic effect was less pronounced after incubation of NPC with MSC-CM.

4.2. IN VIVO

4.2.1. MSC and fibroblast grafts replace the cystic lesion defect in the injured spinal cord

The key question of this study was to determine, whether MSC and FF derived soluble factors would be able to induce oligodendroglial differentiation in endogenous NPC after transplantation into the injured rat spinal cord. Therefore MSC as well as FF were transplanted directly into the lesion site of an acute spinal cord injury. MSC or FF were transplanted as cell suspension directly into the lesion site immediately after a cervical dorsal column transection. Animals receiving spinal cord lesions without cell transplantation (Lesion) served as controls. Four weeks postoperatively, the injury site displayed the typical round-triangular lesion shaped cavity in the dorsal half of the spinal cord as described previously¹³⁰ (for illustration see Figure 6).

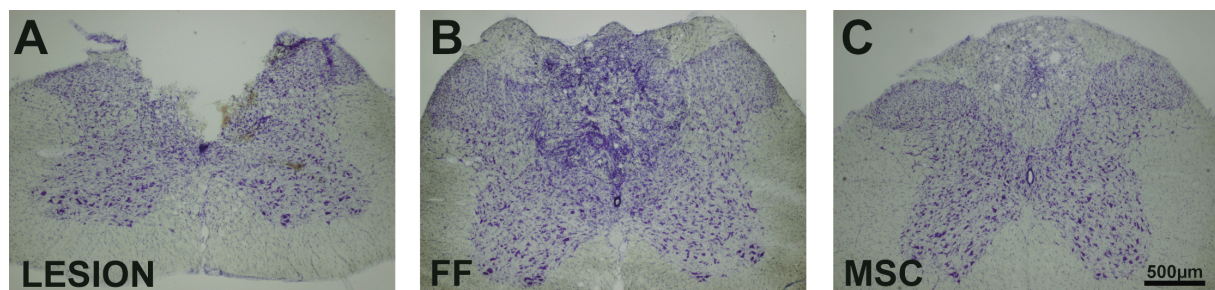


Figure 6: Replacement of the cystic lesion defect

Four weeks following a cervical wire knife dorsal column transection a typical triangular shaped cystic lesion defect develops in animals with spinal cord lesion only (A), whereas FF grafts (B) and MSC grafts (C) replace the lesion defect completely. A-C: coronal Nissl stained sections, dorsal top; scale bar: 500µm.

Both MSC and FF grafts integrated well into the host parenchyma and replaced the cystic lesion defect completely. There were no signs of uncontrolled graft proliferation or tumor formation detectable in any of the animals.

4.2.2. MSC transplantation does not alter the proliferation and survival of newborn cells after spinal cord injury

The experimental design of the in vivo studies was divided into two different time courses in order to investigate proliferation (**early timepoint**) and survival (**late timepoint**) of newborn cells after SCI (see Figure 2).

In order to examine the proliferation rate of newborn cells within the spinal cord, BrdU was administered intraperitoneally once a day for 4 consecutive days, starting right after the animals received a dorsal column transection followed by immediate cell transplantation of either MSC (**MSC**) or fibroblasts (**FF**), whereas animals receiving lesion only served as control (**Lesion**). Three days postoperatively (**early timepoint**), animals were perfused, processed for BrdU-DAB-staining and analyzed thereafter as described above (for illustration see Figure 3). Quantitative analysis of BrdU-labeled cells revealed that the number of BrdU-positive cells was significantly increased in the FF (288.8 ± 38.7) versus MSC (165.8 ± 20.4) graft recipients 3 days post-injury (Figure 7A-C, G).

In order to investigate the survival of newborn cells (**late timepoint**), animals received intraperitoneal BrdU-injections daily starting at day 3 until day 10 postoperatively. Four weeks postoperatively BrdU positive cells were quantified. In contrast to the early time point, the number of surviving newborn cells was significantly reduced in FF grafts (113.0 ± 17.8) compared to MSC grafts (252.2 ± 71.9) and lesion only animals (279.5 ± 49.4). This effect was seen in all sections analyzed (RO, LC, CA) as well as in the total of the three sections (Figure 7D-F, H).

Taken together, MSC transplantation into the injured cervical rat spinal cord did not alter cell proliferation and survival of newborn cells, whereas FF grafting decreased survival of newborn cells (late timepoint). Furthermore FF transplantation increased the number of proliferating cells (early timepoint) compared to MSC grafting but not to lesion only.

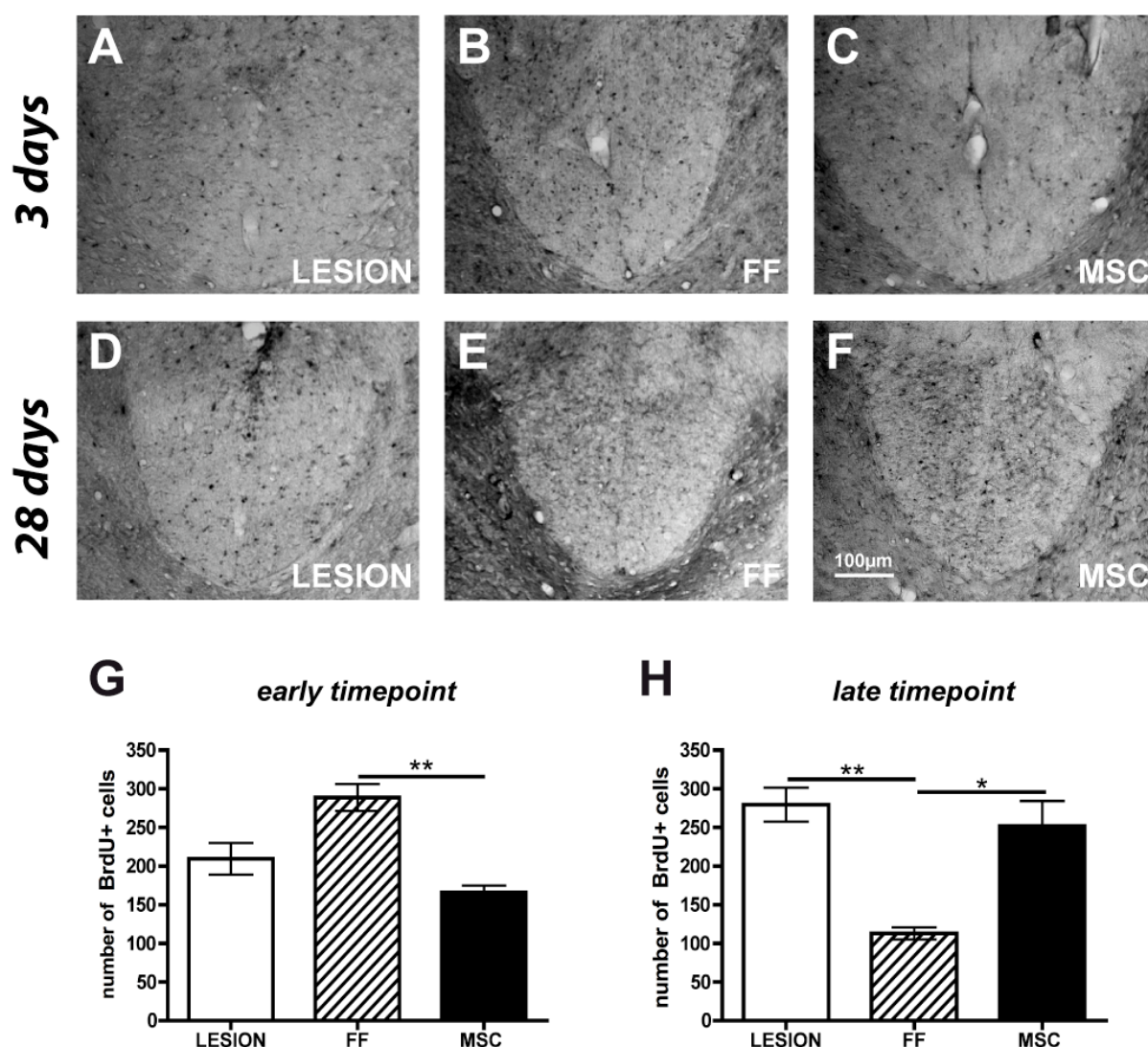


Figure 7: MSC do not alter the proliferation or survival of endogenous cells after spinal cord injury
Proliferation (A-C) and survival (D-F) of newborn cells after SCI; Brightfield images of coronal BrdU-DAB stained sections of the three different groups: Lesion (A,D), FF (B,E) and MSC (C,F); dorsal top; scale bar: 100µm. (G, H) Quantitative analysis of BrdU-positive cells at the early (G) respectively late timepoint (H). The amount of BrdU positive cells is expressed as total of the three analyzed sections (LC, RO, CA). Averages are expressed with their standard error of the mean (SEM). Parametric one-way ANOVA (with Dunn's Multiple Comparison Test post-hoc) was used for statistical analysis; * $p < 0.05$; ** $p < 0.01$.

4.2.3. MSC enhance oligodendroglial differentiation in endogenous NPC already within 3 days after SCI

The extent of astro- and oligodendroglial differentiation of cells, which incorporated BrdU within 3 days after SCI was investigated with laser confocal microscopy. The co-localization of BrdU- and APC- (for oligodendroglial cells) or GFAP-immunoreactivity (for astroglial cells) was analyzed (Figure 8)

Already at the 3-day timepoint MSC grafts increased the number of APC immunoreactive cells (BrdU+/APC+/GFAP-) compared to FF grafts and lesion only (MSC $5.2\% \pm 0.9$; FF $0.9\% \pm 0.2$; Lesion $1.2\% \pm 0.2$; Figure 8I). Conversely, the number of newborn cells expressing GFAP was significantly reduced after MSC transplantation ($51.6\% \pm 1.2$) compared to the FF transplantation group ($59.9\% \pm 2.1$; Figure 8J).

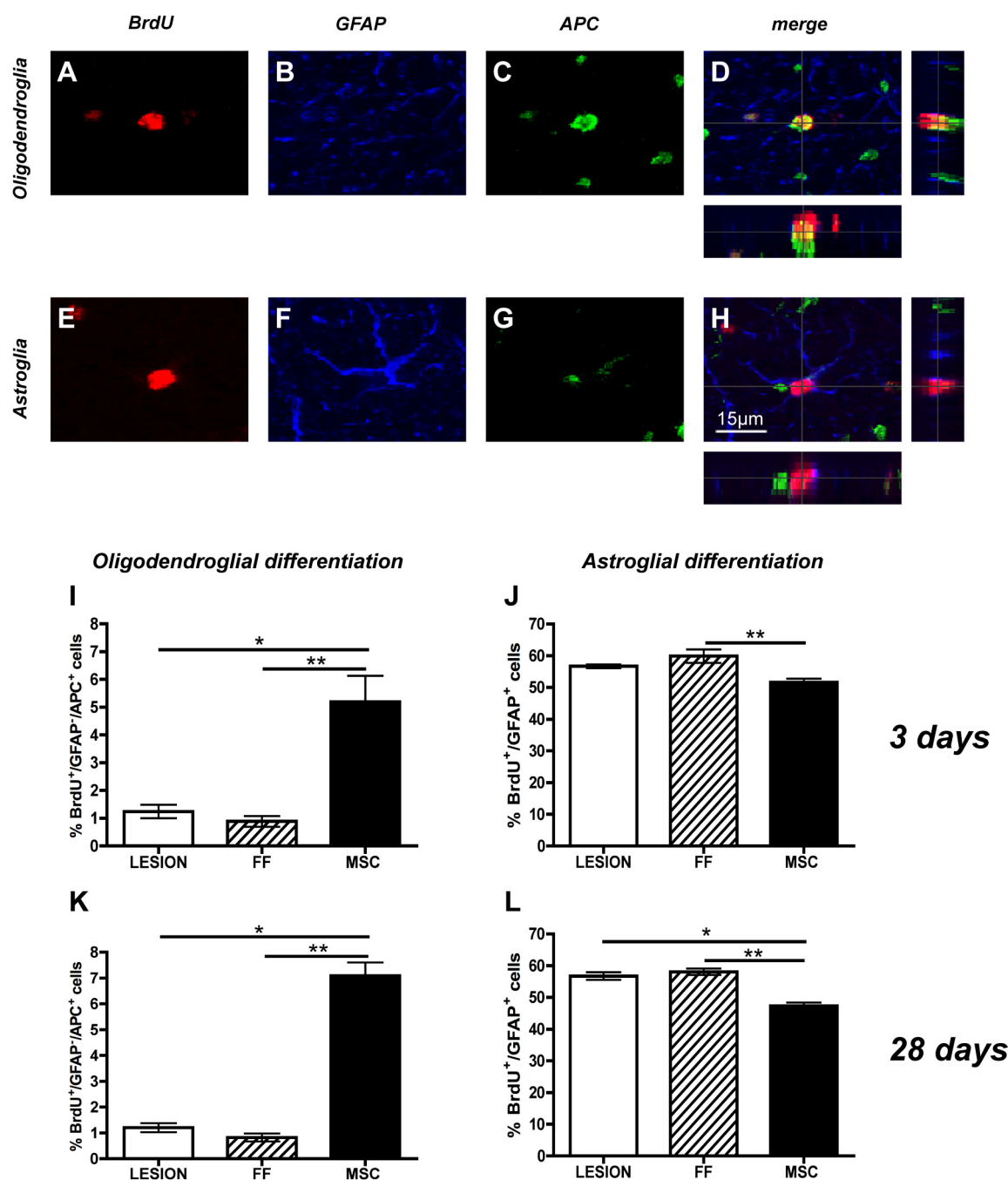


Figure 8: Influence of MSC grafting on glial differentiation of endogenous progenitor cells

The co-localization of (A) BrdU- and (C) APC-immunoreactivity together with the lack of (B) GFAP expression indicated oligodendroglial differentiation (MSC group); (D) Overlay A-C; Co-localization of (E) BrdU and (F) GFAP with or without (G) APC expression indicated astroglial differentiation (Lesion group); (H) Overlay E-G; scale bar: 15µm.

Quantitative analysis of the expression of neural differentiation markers in endogenous NPC three days respectively four weeks after cell grafting. Graphs show the percentage of oligodendroglial- (I,K) and astroglial- (J,L) differentiation. The percentages of BrdU positive oligodendrocytes and astrocytes are shown as the total number of all regions/sections analyzed.

Averages are expressed with their standard error of the mean (SEM). Parametric one-way ANOVA (with Dunn's Multiple Comparison Test post-hoc) was used for statistical analysis; * $p < 0.05$; ** $p < 0.01$.

4.2.4. MSC grafts shift the differentiation of endogenous progenitor cells towards oligodendroglia four weeks after SCI

At 4 weeks postoperatively, MSC grafts significantly increased the number of BrdU positive cells expressing the oligodendroglial marker APC compared to FF grafts and the lesion only group (MSC $7.1\% \pm 0.5$; FF $0.8\% \pm 0.2$; Lesion $1.5\% \pm 0.2$; Figure 8K). Conversely, MSC significantly decreased the number of BrdU positive cells expressing GFAP in comparison to FF grafts and the lesion only group (MSC $47.3\% \pm 1.0$; FF $58.1\% \pm 1.0$; Lesion $56.7\% \pm 1.1$; Figure 8L). Taken together, MSC grafts shifted the differentiation pattern of endogenous NPC towards oligodendroglia at the expense of astroglial cells 28 days postoperatively, whereas FF grafts failed to recapitulate the pro-oligodendrogenic effect observed in vitro.

5. DISCUSSION

Based on recent findings that oligodendroglial differentiation can be strongly increased in vitro by co-cultivating adult NPC with bone-marrow derived MSC or MSC-CM^{147,148}, the aim of the present study was to evaluate if this effect can be recapitulated in an in vivo model of SCI. Indeed, this study demonstrates that MSC grafted into the acutely injured rat spinal cord promote oligodendroglial differentiation in endogenous NPC as prerequisite for enhanced remyelination. Over the last years the activation of endogenous progenitor cells emerged as an upcoming approach for neural repair¹⁵⁷. Since different groups have described an increase of endogenous neural stem cell proliferation following SCI^{98,158-164} the recruitment of this cell population and its modulation towards an oligodendroglial fate represents a promising strategy for tissue repair and restoration of neurological function.

The demonstration of an increased number of APC expressing cells after MSC transplanation, which identifies mature oligodendroglial differentiation^{138,156,165-169}, is only a first step towards structural and functional improvement after spinal cord injury. Above enhancement of oligodendroglial differentiation MSC have been attributed beneficial effects on remyelination in different animal models of neurological disorders¹⁷⁰⁻¹⁷². The next step is to proof enhanced remyelination beyond spontaneous remyelination occurring in the injured mammalian CNS. Up to date there are very few studies, which clearly show enhanced remyelination induced by either boosting endogenous or exogenous (stem cell transplantation) oligodendroglial replacement^{132,173-176}. Therefore it is difficult to analyze functional recovery, in particular to link the observed functional improvement to the observed structural repair – remyelination¹²⁸. The majority of studies describe moderate improvement in locomotor function usually with a semiquantitative locomotor rating score (e.g. the Basso, Beattie and Bresnahan (BBB) locomotor scale method)^{106,177}, which is unspecific in terms of the structural correlate and questionable in terms of its clinical relevance. Once all these preclinical issues are solved the final question is the one regarding the clinical relevance of

such a remyelination approach. There is evidence from small animals and human SCI that uninjured, but permanently demyelinated axons exist following spinal cord injury. It has yet to be demonstrated that successful remyelination of this undefined quantity of axons is sufficient to promote meaningful functional improvement in humans. More likely, the remyelination promoting capacity of MSC needs to be combined with axon regrowth promoting strategies (see below).

Increased oligodendroglialogenesis, indicated by APC expression, was already observed at 3 days post-injury and consecutive MSC grafting. In vitro and in vivo studies confirm this time line. The number of progenitor cells expressing markers for mature oligodendroglia (APC, MBP, GalC) is already enhanced at 3 days after exposure to MSC-CM in vitro^{147-149,178}. In vivo (spinal cord demyelination model), a shift from immature oligodendrocyte precursor cells (NG2+/BrdU+) towards mature oligodendrocytes (APC+/BrdU+) between 2 and 7 days after a single shot BrdU administration has been described¹⁶³.

Paralleling previous in vitro findings^{147,148} renewal of astroglia expressing GFAP was reduced at 4 weeks post-operatively, suggesting that enhanced oligodendroglial replacement happens at the expense of astroglial replacement. Studies investigating cell proliferation and renewal after SCI found almost exclusively differentiation into astrocytes¹⁷⁹⁻¹⁸¹.

In contrast to the successful promotion of oligodendroglial replacement from endogenous progenitor pools after MSC grafting, shifting of oligodendroglial differentiation failed in a co-grafting paradigm with MSC and NPC^{137,138}. Here the host environment after spinal cord injury most likely prevented proper oligodendroglial differentiation in grafted NPC. Main molecular candidates are bone morphogenetic proteins (BMP) - strong inducers of astroglial differentiation, which are upregulated immediately after SCI¹⁸²⁻¹⁸⁵. The BMP mediated prevention of oligodendroglial differentiation is supported by in vitro findings, where MSC-CM is not strong enough to override BMP induced astroglial differentiation¹³⁸. Of course the

question arises, why do we observe enhanced oligodendroglial replacement from endogenous progenitor pools after MSC grafting, and not a shift of oligodendroglial differentiation after MSC/NPC co-grafting? NPC grafts get fully exposed to BMP expressed after SCI at the lesion site, whereas endogenous progenitor cells become recruited continuously over time. Since BMP become downregulated within 10 days following injury, MSC derived soluble factor(s) can exert their pro-oligodendrogenic effects in endogenous progenitor cells throughout the subacute phase beyond 10 days post injury.

These findings once again underline the importance of the local microenvironment at the injury site, which influences the fate of stem/progenitor cell grafts. Previous studies confirm these findings showing that molecular cues of the host environment rather than the predifferentiation of transplanted cells determine the differentiation of grafted stem cells. The same batch of a given neural stem/progenitor cell type differentiates into neurons after grafting into neurogenic regions such as the hippocampus and exclusively into glial cells after grafting into non-neurogenic regions such as the spinal cord^{46,130,186-188}. On the other hand, the origin of adult NPC does not affect the glial/neuronal differentiation pattern *vitro*. This supports the notion that NPC can be obtained from various regions of the CNS without affecting the yield of cells differentiated into either astroglia, oligodendroglia or neurons. If certain differentiation phenotypes are to be maintained after transplantation, in particular local cues derived from the host such as BMP need to be addressed.

MSC grafts did not interfere with cell proliferation, whereas FF grafts increased the number of BrdU positive cells within the first few days after SCI. Syngenic cell grafting in general can induce a local inflammatory response contributing to the high cell proliferation rate. It is conceivable that MSC grafts with their anti-inflammatory, immune-modulating¹⁸⁹⁻¹⁹³ as well as anti-apoptotic^{194,195} properties counteract this proliferation of inflammatory cells thus reducing cell proliferation directly or indirectly. At 4 weeks postoperatively, the number of surviving newborn cells was reduced in the FF group suggesting that the initial stronger

inflammatory response led to increased cell death and poor cell survival in the long run. This is in contrast to former findings in the brain which showed increased endogenous progenitor cell proliferation consecutive to intracerebral/intravenous MSC injection after brain injury¹⁹⁶ as well as MSC grafting after stroke¹⁹⁷. These contrary findings may be caused by a somehow differing predominant microenvironment conducive to cell proliferation inside the brain compared to the spinal cord. In addition it has to be mentioned that no direct comparison can be drawn for the present study as the underlying experimental designs significantly differed from each other (used animals, injury model, cell graft administration, timecourse of BrdU-labeling and perfusion).

Differential effects of MSC-CM in respect to the origin of NPC – HC, SVZ or spinal cord – were investigated more closely but did not reveal any differences. This is confirmed by a recent report, which did not reveal any differences in terms of neuronal versus glial differentiation in adult SVZ or spinal cord derived NPC¹⁹⁸. This finding is potentially clinically relevant since the accessibility of “donor” regions within the CNS determines, whether an autologous adult stem cell based therapy is feasible or not.

Surprisingly, strong pro-oligodendrogenic effects were also observed in FF-CM. Since MSC and FF belong to mesenchymal tissue derived from the mesoderm, it is conceivable that the identical soluble factor is responsible for these effects^{199,200}. As the combination of MSC-CM and FF-CM did not produce higher numbers of cells displaying oligodendroglial differentiation compared to MSC-CM or FF-CM incubation alone, the yet unidentified soluble factor(s) might at least in part act on the same signaling pathway¹³⁸. Alternatively, FF produce this factor in higher concentrations or express an additional factor, which also supports oligodendroglial fate determination. According to our in vitro data it is conceivable that fibroblasts may express this unidentified factor at a higher concentration²⁰¹ or even express additional factors to promote oligodendroglial differentiation. Overall, several candidate factors have been investigated previously, which do not have a significant impact

on oligodendroglial differentiation: fibroblast-growth factor-2 (FGF-2), brain-derived-neurotrophic-factor (BDNF), vascular endothelial growth factor (VEGF), ciliary-neurotrophic factor (CNTF), nerve growth factor (NGF), neurotrophin-3 (NT-3), interleukin-6 (IL-6), insulin-like growth factor-1 (IGF-1), Noggin¹⁴⁷⁻¹⁴⁹. Of course, the identification of these pro-oligodendrogenic factors(s) will be important to gain further mechanistic insights into the process of oligodendroglial differentiation. This may in the end allow to introduce factors, which are efficient enough to overcome host derived cues opposing oligodendroglial differentiation.

Besides remyelination as a potential repair mechanism of MSC grafts, MSC grafts have been widely investigated in small animal models of SCI. Besides neuroprotective effects after SCI, MSC have been described to attenuate glial scar formation²⁰² and to promote axonal regeneration^{135,203-205} with concomitant functional recovery^{151,170,206,207}. MSC grafts replaced the cystic lesion defect completely confirming previous reports, which demonstrated long-term survival and cyst replacement by MSC grafts^{130,135,138,208}. Cyst replacement is a key prerequisite for axon regrowth across the lesion site. Furthermore, MSC can be genetically modified to overexpress and release growth factors such as BDNF, NGF or NT-3 locally at the lesion site to augment axonal growth^{135,172,209}. Recently, the combination of NT-3 overexpressing MSC and genetic modification of the host spinal cord adjacent to the lesion site to create a chemotrophic gradient has been shown to induce axon regrowth across the lesion into the target region within the caudal brainstem with reinnervation of previous target neurons²¹⁰. However, restoration of proper nerve conduction could not be detected yet, which is most likely due to a lack of myelination of regenerating axons. It is conceivable that effects of MSC-CM next to regenerating axons in the host spinal cord might promote remyelination and consecutively restored nerve conduction.

The relevance of regenerative strategies aiming for remyelination to induce functional recovery is underscored by two different cell-based therapies, which were translated into

phase I clinical trials. In the first approach, embryonic derived stem cells predifferentiated into OPC have been shown to promote remyelination and functional improvement in rat SCI models^{176,211}. Unfortunately, the respective clinical trial in acute SCI patients was stopped after four patients were treated for yet unknown reasons. However, side effects or complications of the transplantation procedure were not reported. In another study, fetal human brain derived stem cells are investigated in another phase I clinical trial, after preclinical studies in rats and mice reported remyelination and functional improvement after experimental SCI and demyelination^{175,212-214}. This clinical trial, which started in 2011, is still ongoing¹²⁸.

6. CONCLUSION

Transplantation of MSC into the acute injured spinal cord is sufficient to enhance oligodendroglial differentiation of endogenous spinal cord progenitor cells up to one month post-injury. Results from the present study and previously published data confirm that underlying mechanisms are based on (a) soluble factor(s) secreted by MSC, which create a specific microenvironment supporting oligodendroglial differentiation at the lesion site. The identification of these pro-oligodendrogenic factors will be important to gain more mechanistic insights in the interactions between MSC and the endogenous progenitor cell population within the spinal cord to further boost oligodendroglial differentiation and eventually remyelination with subsequent functional recovery. Before the translation into clinical trial can be considered clear and unequivocal MSC induced remyelination needs to be confirmed. Furthermore, functional recovery including neurophysiology (restoration of nerve conduction) and behavioral effects (e.g recovery of locomotion) need to be assessed in appropriate animal models such as contusion SCI, which show pronounced demyelination and resemble the pathophysiology of human SCI as close as possible.

7. ABBREVIATIONS

Alpha-MEM	Alpha Minimum Essential Medium
ANOVA	Analysis of Variance
APC	Adenomatous Polyposis Coli
ASIA	American Spinal Injury Association
AT	Ascending Tract
BDNF	Brain Derived Neurotrophic Factor
BMP	Bone-morphogenetic-protein
BrdU	5'-Bromo-2'-Desoxyuridine
BSA	Bovine Serum Albumin
CA	Caudal
CC	Central Canal
CNS	Central Nervous System
CNTF	Ciliary Neurotrophic Factor
CPS	Cryo Protect Solution
CSPG	Chondroitin Sulfate Proteoglycan(s)
CST	Corticospinal tract
Cy5	Cyanine 5
DAB	3,3'-Diaminobenzidine
DAPI	4,6'-Diamidino-2-phenylindole
Dk	Donkey
DMEM	Dulbecco's Modified Eagle Medium

DMSO	Dimethyl Sulfoxide
DNA	Deoxyribonucleic Acid
DPBS	Dulbecco's Phosphate Buffered Saline
DREZ	Dorsal Root Entry Zone
EGF	Epidermal Growth Factor
eGFP	Enhanced Green Fluorescent Protein
FBS	Fetal Bovine Serum
FF	Fibroblast(s)
FF-CM	Fibroblast-Conditioned Medium
FGF	Fibroblast Growth Factor
FSBG	Fish Skin Gelatine Buffer
GalC	Galactocerebroside
GFAP	Glial Fibrillary Acidic Protein
GFP	Green Fluorescent Protein
GM	Grey Matter
GM/WM	Grey Matter/White Matter transition zone
Gt	Goat
HBSS	Hank's Balanced Salt Solution
HC	Hippocampus
IGF-1	Insulin-like growth factor-1
IgG	Immunoglobulin, isoform G
IL-6	Interleukin-6

LC	Lesion Center
LCWM	Lateral Column White Matter
MAG	Myelin-Associated Glycoprotein
Map2ab	Microtubule Associated Protein 2ab
MBP	Myelin Basic Protein
Ms	Mouse
MSC	Mesenchymal Stem Cell(s)
MSC-CM	Mesenchymal Stem Cell-Conditioned Medium
NB	Neurobasal
NG2	Chondroitin Sulfate Proteoglycan
NGF	Nerve growth factor
NPC	Neural stem/progenitor cell(s)
NT	Neurotrophin
OMgp	Oligodendrocyte Myelin Glycoprotein
OPC	Oligodendroglial Precursor Cell(s)
PBS	Phosphate Buffered Saline
PFA	Paraformaldehyde
Rb	Rabbit
Rhox	Rhodamine X
RO	Rostral
Rt	Rat
SC	Spinal Cord

SCI	Spinal Cord Injury
SEM	Standard Error of the Mean
SVZ	Subventricular Zone
TBS	Tris-Buffered Saline
VEGF	Vascular Endothelial Growth Factor
WM	White Matter
ZNS	Zentrales Nervensystem

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INTRODUCTION

The loss of oligodendroglia and the resulting demyelination contributes to the functional impairment after spinal cord injury. It has been demonstrated *in vitro* that oligodendroglial differentiation can be strongly increased by co-cultivating adult neural progenitor cells (NPC) with bone marrow derived mesenchymal stem cells (MSC) or MSC derived conditioned media. The aim of the present study was to investigate whether transplantation of MSC into the acute injured spinal cord will enhance oligodendroglial differentiation of endogenous NPC *in vivo*.

METHODS

o-cultures of MSC and NPC: MSC were derived from femurs and tibias and NPC from the SVZ of adult Fischer 344 rats. MSC were plated on patterned coverslips at a density of 2,000–4,000 cells per cm². 12–24h later, NPC were plated over the MSC layer at a density of 10,000 cells per cm² in α MEM-10%FBS and cultured for 7 days. Fixed cells were processed for immunocytochemistry using antibodies against GFAP (astrodia), GalC (oligodendroglia) and Map2ab (neurons).

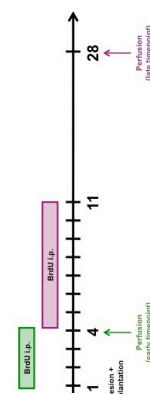
Preparation of MSC and fibroblasts for transplantation:

SC were isolated from femurs and tibias of adult Fischer 344 rats and seeded at a density of 1×10^6 cells/cm² in MEM containing 10% fetal calf serum.

Primary cultures of fibroblasts were generated from skin biopsies of adult Fischer 344 rats and cultivated with MEMEM supplemented with 2mM L-glutamine, 100 U/ml penicillin, 0.1mg/l streptomycin, 3.5 mg/ml glucose and 10% fetal calf serum until transplantation.

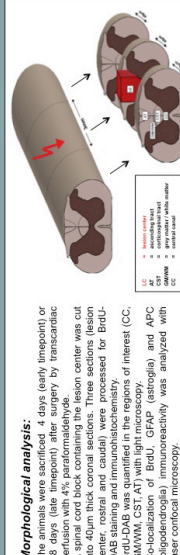
Surgical procedures:

Surgical procedures. Anesthetized adult Fischer 344 rats received a dorsal column transection with a tungsten wire knife at cervical level C3. A total volume of 2 μ l cell suspension containing 1.2×10^5 MSC (**MSC tx**; $n=6$) was injected directly into the lesion site. Animals with fibroblast grafts (**Fibroblast tx**; 1.2×10^5 cells; $n=6$) or dorsal column transection without transplantation (**Lesion only**; $n=6$) served as controls. From post-op day 1–4 (early timepoint) or day 4–11 (late timepoint) to day 12–14 (newly generated cells).



A-C) BrdU-DAB staining at the early timepoint (4 days) **D-F)** BrdU-DAB staining at the late timepoint (28 days) **H-I)** Quantification of newly created cells (BrdU-DAB staining) according to the illustration in the methods part.

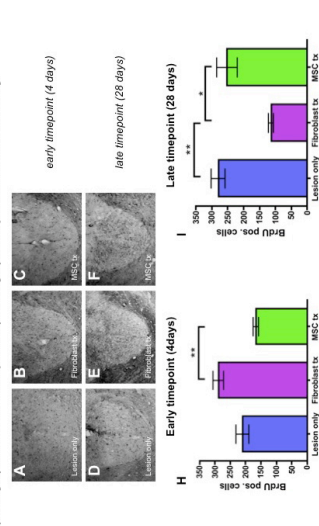
1.1. MSC promote oligodendroglialogenesis in co-cultured subventricular zone (SVZ) derived adult NPC *in vitro*.



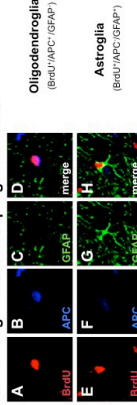
Morphological analysis:

Morphological analysis. The animals were sacrificed 4 days (early timepoint) or 8 days (late timepoint) after surgery by transcardiac perfusion with 4% paraformaldehyde. A spinal cord block containing the lesion center was cut into 40-µm thick coronal sections. Three sections (lesion center, rostral and caudal) were processed for BrdU-AB staining and immunohistochemistry. BrdU-AB staining was quantified in the regions of interest (CC, MWM, CST, AT) with light microscopy. Co-localization of BrdU, GFAP (astroglia) and APC (lipid-pigment-labeled dendroglia) immunoreactivity was analyzed with laser confocal microscopy.

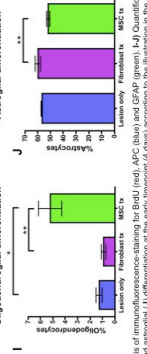
2. MSC do not alter the rate of newborn cells at the early timepoint (4 days) and late timepoint (28 days) compared to lesion only



3. Within 4 days MSC already **enhance** expression of oligodendroglial markers in endogenous neural progenitor cells

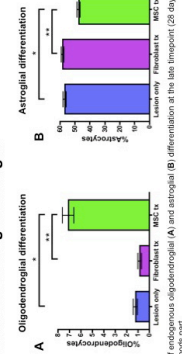


Oligodendroglial differentiation



A-H Confocal analysis of immunofluorescence-staining for BrdU (red), APC (blue) and GFAP (green). **I-J** Quantification of endogenous oligodendroglial (I) and astroglial (J) differentiation at the early timepoint (4 days) according to the illustration in I methods part.

4. At the 28-day timepoint MSC-grafts shift endogenous cell differentiation towards oligodendroglia



A-B Quantification of endogenous oligodendroglial (**A**) and astroglial (**B**) differentiation at the late timepoint (28 days) according to the quantification in the methods part.

SUMMARY & CONCLUSIONS

- MSC do not alter the rate of newborn cells after spinal cord injury. Interestingly, fibroblasts increase this rate at the early and decrease this rate at the late timepoint (increased inflammatory response)?
- MSC enhance oligodendrocyte differentiation and decrease astroglial differentiation, thus recapitulating *in vitro* findings in cell culture (Rown et al., 2008) as well as in organotypic slice culture (Rown et al., 2008)
- Ongoing/planned studies investigate the degree of remyelination and functional outcome in clinically relevant injury models (spinal cord contusion)

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